

Know the Facts

TOBACCO USE AND ASTHMA



8.4% of children and 7.7% of adults in the U.S. are diagnosed with asthma.

SMOKERS ARE 40% MORE LIKELY TO HAVE ASTHMA, COMPARED TO FORMER AND NON-SMOKERS.



SECONDHAND SMOKE CAN INCREASE THE RISK THAT CHILDREN WILL DEVELOP ASTHMA.



MORE THAN 40% of children who go to the emergency room for asthma live with someone who smokes.

QUITTING SMOKING improves lung function and improves response to asthma treatment.

HOW TO QUIT

Be Well Arkansas can help you quit. If you're thinking about quitting, our wellness counselors can help you. Call 833-283-WELL.



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Know the Facts

TOBACCO USE AND COPD



Chronic bronchitis and emphysema are different forms of **Chronic Obstructive Pulmonary Disease (COPD)**.

**OVER 20% OF
ADULT SMOKERS IN
ARKANSAS HAVE
COPD.**



**WOMEN WHO SMOKE TEND TO
DEVELOP MORE SEVERE COPD**
at younger ages than men
who smoke the same amount.

The main cause
of COPD is smoking.
COPD HAS NO CURE.

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