8.4% of children and 7.7% of adults in the U.S. are diagnosed with asthma.

MORE THAN 40% of children who go to the emergency room for asthma live with someone who smokes.

SECONDHAND SMOKE CAN INCREASE THE RISK THAT CHILDREN WILL DEVELOP ASTHMA.

SMOKERS ARE 40% MORE LIKELY TO HAVE ASTHMA, COMPARED TO FORMER AND NON-SMOKERS.

QUITTING SMOKING improves lung function and improves response to asthma treatment.

HOW TO QUIT

Be Well Arkansas can help you quit. If you’re thinking about quitting, our wellness counselors can help you. Call 833-283-WELL.
Chronic bronchitis and emphysema are different forms of Chronic Obstructive Pulmonary Disease (COPD).

OVER 20% OF ADULT SMOKERS IN ARKANSAS HAVE COPD.

WOMEN WHO SMOKE TEND TO DEVELOP MORE SEVERE COPD at younger ages than men who smoke the same amount.

The main cause of COPD is smoking. COPD HAS NO CURE.

HOW TO QUIT

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