

# Know The Facts

## PETS



Dogs and cats are twice as likely to get cancer if their owner smokes.



Exposure to secondhand smoke has been linked to certain cancers in cats and dogs, like:

**LUNG  
CANCER**

**NOSE  
CANCER**

**BLOOD  
CANCER**



**BIRDS CAN GET** eye and skin diseases and suffer from respiratory problems.

When pets lick their fur to groom themselves, they are exposed to thirdhand smoke. **THIS INCREASES THEIR RISK FOR MOUTH CANCER.**

### HOW TO QUIT

Be Well Arkansas can help you quit. If you're thinking about quitting, our wellness counselors can help you. Call 833-283-WELL.



833-283-WELL • BEWELLARKANSAS.ORG

# Know The Facts

## ENVIRONMENTAL EFFECTS



Cigarette butts are the **number one** littered item.

**Cigarette butts are not biodegradable. They will never completely dissolve.**

Worldwide, **4 TRILLION** cigarette butts are tossed on the ground per year. They end up in our roads, parks, and rivers.



**ONE TREE IS CONSUMED FOR EVERY 300 CIGARETTES MADE.**

That is one tree for every one and a half cartons of cigarettes.

**CIGARETTE BUTTS LEAK TOXIC CHEMICALS** into our environment, like lead, arsenic, and nicotine—the same chemicals found in secondhand smoke.

### HOW TO QUIT

Be Well Arkansas can help you quit. If you're thinking about quitting, our wellness counselors can help you. Call 833-283-WELL.



833-283-WELL • BEWELLARKANSAS.ORG