

Know the Facts

TOBACCO USE AND CANCER




Not all cancers are caused by smoking, but smoking can cause cancer almost anywhere in your body.



**33% OF ALL
CANCER DEATHS
ARE CAUSED BY
SMOKING,
INCLUDING LUNG
AND PANCREAS.**

**SMOKING
AFTER CANCER
TREATMENT
INCREASES THE
RISK OF:**

- hospitalization
- slow recovery
- wound complications

Those who  smoke face an **INCREASED RISK** of developing a second primary site cancer if they continue to smoke.

HOW TO QUIT

Be Well Arkansas can help you quit. If you're thinking about quitting, our wellness counselors can help you. Call 833-283-WELL.



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Know the Facts

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FINDINGS ARE CLEAR

Patients who develop cancer and still use tobacco **NEED TO QUIT.**



A cancer patient who is a current cigarette smoker can **IMPROVE HIS OR HER OUTCOME** by quitting at any time.



If you have cancer, quitting tobacco products can help your treatment and recovery by helping **YOU HEAL BETTER AND FASTER.**



BEING SMOKE-FREE will help your body heal.

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